

Department of Psychology

B. A. Psychology (Academic Year 2024-2025)

Programme Outcomes (PO's)

After successfully completing B. A. Programme students will be able to:

PO 1: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

PO 2: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

PO 3: Understand the issues of environmental contexts and sustainable development.

PO 4: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes.

Programme Specific Outcomes (PSO's)

After successfully completing B. A. Psychology Programme students will be able to:

PSO 1: Apply their knowledge of psychology to effectively solve problems and address issues related to human behaviour.

PSO 2: Apply psychological principles, theories and research results to a wide range of personal, social, cultural and organizational situations and problems.

PSO 3: Understand the importance of adhering to ethical principles, respecting diversity and accepting their own personal and professional limitations. They will use their knowledge of ethics to analyze situations in a thoughtful, deliberate manner.

PSO 4: Demonstrate an awareness of and respect for socio-cultural diversity on a local and global level.

Course Outcomes (CO's)

Course 1 DSC 1: Psychology for Friendship and Love

After successfully completing this course students will be able to:

CO 1: Understand Relationship Development and Explore Friendship.

CO 2: Study Theories of Romantic Love and Explore Marriage and Family Dynamics.

Course 2 SEC 1: Interpersonal Skills

After successfully completing this course students will be able to:

CO 3: Demonstrate active listening skills and respond appropriately to others' messages.

CO 4: Apply interpersonal skills in professional contexts such as interviews, and presentations.

Course 3 OE 1: Psychological First Aid

After successfully completing this course students will be able to:

CO 5: Understand the physical, mental, emotional and social crises.

CO 6: Help the needy to handle their crises through PFA.

Course 4 DSC 2: Health Psychology

After successfully completing this course students will be able to:

CO 7: Students will understand the concept and state of health.

CO 8: Student will understand the need and challenges before health psychology.

CO 9: Helpful in developing health habits and promote health behavior among students.

Course 5 SEC 2: Emotional Intelligence Skills

After successfully completing this course students will be able to:

CO 10: Comprehend the psychological and physiological aspects of emotions.

CO 11: Identify their own emotions accurately and learn techniques to manage and regulate their own emotions.

CO 12: Develop personalized strategies to enhance their emotional intelligence skills, setting goals for continuous growth.

Course 6 OE 2: Build Good and Break Bad Habits

After successfully completing this course students will be able to:

CO 13: Identify and analyze keystone habits in personal and professional contexts.

CO 14: Understand the personalized habit-stacking plans for specific behavioral changes.

CO 15: Engage in reflective practices to assess personal growth and development.

Course 7: Psychology for Living

After successfully completing this course students will be able to:

CO 16: Familiar with the nature of Psychology for Living.

CO 17: Know the nature of Better Health, Stress, Mental Disorders and Helping Behaviour.

Course 8: Social Psychology

After successfully completing this course students will be able to:

CO 18: Aware with the nature of Social Psychology.

CO 19: Get knowledge of the concepts of Social Perception, Self and Attitude.

Course 9: Modern Social Psychology

After successfully completing this course students will be able to:

CO 20: Understand the concepts of Liking (Attraction) and Social Influence.

CO 21: Grasp the Pro-social Behaviour and Aggression.

Course 10: Applied Psychology

After successfully completing this course students will be able to:

CO 22: Familiar with the Applications of the psychology in Personal control, Decision Making, Personal growth, At Work and Leisure.

CO 23: Apply the skills in Making and keeping friends and Love and Commitment.

Course 11: Cognitive Psychology

After successfully completing this course students will be able to:

CO 24: Aware the approaches to Human Cognition, Visual Perception and Attention.

CO 25: Grasp the processes of Memory, Emotions and Consciousness.

Course 12: Cross-Cultural Psychology

After successfully completing this course students will be able to:

CO 26: Get knowledge the field of Cross-cultural Psychology and Key Concepts.

CO 27: Understand the concepts of Ethics, Emics, Ethnocentrism and Indigenous Psychology, Culture and Intelligence, Prejudice and Parental Practices, Culture and Abnormality.

Course 13: Psychopathology

After successfully completing this course students will be able to:

CO 28: Familiar with the field of Psychopathology and Perspectives of Psychopathology.

CO 29: Understand the nature of Anxiety disorder, OCD, Mood Disorder and Suicide.

Course 14: Current Trends in Psychology

After successfully completing this course students will be able to:

CO 30: Aware with the emerging new trends in Psychology.

CO 31: Grasp and learn more about Health, Criminal and Cyber Psychology.

Course 15: Practical (Experiments)

After successfully completing this course students will be able to:

CO 32: Familiar with Psychological Experiments and some Statistical methods.

CO 33: Learn the skills for conducting experiments and writing their reports.

Course 16: Psychological Testing

After successfully completing this course students will be able to:

CO 34: Comprehend the field of Psychological Testing in general.

CO 35: Know the nature and uses of Intelligence, Achievement and Personality tests.

Course 17: Counselling Psychology

After successfully completing this course students will be able to:

CO 36: Get knowledge of the field of Counselling Psychology.

CO 37: Apply the skills in the field of Career, School and College counselling.

Course 18: Developmental Psychology

After successfully completing this course students will be able to:

CO 38: Aware with the field of Lifespan Developmental.

CO 39: Understand the nature and processes in the Infancy, Childhood, Adolescence and Adulthood period.

Course 19: Psychology of Organizational Behaviour

After successfully completing this course students will be able to:

CO 40: Familiar with the field of Organizational Behaviour.

CO 41: Comprehend the nature and importance of Personality, Job satisfaction, Leadership, Group Behaviour and Organizational Change.

Course 20: Practical (Psychological Tests)

After successfully completing this course students will be able to:

CO 42: Get Knowledge of the Psychological tests and some statistical methods.

CO 43: Learn the skills for administering Psychological Tests and writing their reports.

Logic (Traditional) – IDS (B.A. II)

Course Outcomes (CO's)

Course 1: Deductive Logic

After successfully completing this course students will be able to:

CO 1: Understand the nature and scope of Logic and classify propositions.

CO 2: Inference by immediate and mediate method.

Course 2: Inductive Logic

After successfully completing this course students will be able to:

CO 3: Understand the nature, kinds and grounds of inductive inference.

CO 4: Making hypothesis and verify as well as understand the importance of laws of nature and scientific explanation.